

CONFERENCE ONE

Week	Home	Away
Week One November 8th	Glasgow Tigers Stirling Clansmen UT Cougars Edinburgh Predators Durham Saints	Sunderland Spartans Newcastle Raiders Napier Mavericks Northumbria Mustangs UCH Sharks
Week Two November 15th	Northumbria Mustangs Sunderland Spartans UWS Pyros Napier Mavericks Stirling Clansmen	Durham Saints Newcastle Raiders UT Cougars Edinburgh Predators Glasgow Tigers
Week Three November 22nd	Newcastle Raiders Durham Saints UT Cougars Napier Mavericks	UWS Pyros Sunderland Spartans Northumbria Mustangs Stirling Clansmen
Week Four November 29th	Sunderland Spartans UT Cougars Northumbria Mustangs UWS Pyros	Edinburgh Predators Newcastle Raiders Glasgow Tigers Napier Mavericks
Week Five December 6th	Glasgow Tigers Edinburgh Predators	UWS Pyros Stirling Clansmen
Week Six December 13th	Sheffield Sabres Northumbria Mustangs Sunderland Spartans Stirling Clansmen	Newcastle Raiders UT Cougars Durham Saints UWS Pyros
Week Seven December 20th	Rain Week One	
Week Eight January 31st 2010	Napier Mavericks Northumbria Mustangs Durham Saints UWS Pyros	Glasgow Tigers Sunderland Spartans UT Cougars Edinburgh Predators
Week Nine Super Bowl Weekend	Edinburgh Predators	Napier Mavericks

Week Ten
February 14th

Newcastle Raiders	Northumbria Mustangs
Glasgow Tigers	Stirling Clansmen
Edinburgh Predators	UWS Pyros
Napier Mavericks	Durham Saints

Week Eleven
February 21st

UWS Pyros	Glasgow Tigers
UT Cougars	Sunderland Spartans
Newcastle Raiders	Durham Saints
Stirling Clansmen	Napier Mavericks

Week Twelve
February 28th

Glasgow Tigers	Edinburgh Predators
Newcastle Raiders	UT Cougars
Durham Saints	Stirling Clansmen
Sunderland Spartans	Northumbria Mustangs